

Time Interval Between Treatment Decision and Delivery of Anti-CD20 Therapy for Multiple Sclerosis: A Five-Year, Single Center Experience

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BACKGROUND

- Mutiple sclerosis (MS) is a chronic neurodegenerative disease that affects the central nervous system that is both T cell and B cell mediated. Anti-CD20 therapies mechanistically deplete B cells to suppress inflammatory disease activity.¹⁻²
- Rituximab and Ocrelizumab are anti-CD20 therapies integral in reducing relapses in multiple sclerosis. These therapies target CD20+ B cells and protect nerve cells from damage.³
- The high cost of disease modifying therapies creates issues of affordability and access for individuals. In a survey of individuals with MS, individuals reported skipping doses, delaying treatment, or reducing other spending because of the high cost of their DMT.⁴
- Social distancing measures during the COVID-19 era led to minimal access to healthcare which contributed to a 54% decrease in DMT initiations in the first 9 months of the COVID-19 era.⁵

OBJECTIVES

- Determine the impact of COVID-19 pandemic on delivery of anti-CD20 therapy
- Identify demographical or clinical factors impacting initiation of anti-CD20 therapy

PURPOSE

• The aim of this study is to identify factors that may have impacted the time interval between the decision to initiate anti-CD20 therapy and the start date of therapy

METHODS

- Retrospective single center observational study
- Study period: January 1, 2017-December 31, 2022
- Clinical characteristics collected were MS subtype, ambulatory status, year of diagnosis, and year of symptom onset
- Calculated the interval number of days between the dispense date and the initial neurology encounter for initiation of CD20 therapy

Inclusion Criteria

- Diagnosis of multiple sclerosis
- Patients of any age
- History of prescribed Rituximab or Ocrelizumab
- Received treatment of Rituximab or Ocrelizumab at OHSU

PRIMARY OUTCOME

Average time interval between treatment decision and delivery of anti-CD20 therapy

RESULTS AND CONCLUSION

Pending

NEXT STEPS

Identify patients that may have factors that lead to delays in starting therapy and help clinicians provide better care to MS patients

References

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